



# TIME STANDARDS

# 2019

## SPEEDO JUNIOR NATIONAL CHAMPIONSHIPS

**Girls** 

**Boys**

| SCY      | LCM      |                       | LCM      | SCY      |
|----------|----------|-----------------------|----------|----------|
| 22.79    | 26.59    | 50 Freestyle          | 23.99    | 20.49    |
| 49.69    | 57.59    | 100 Freestyle         | 51.99    | 44.39    |
| 1:47.39  | 2:04.29  | 200 Freestyle         | 1:54.29  | 1:38.39  |
| 4:48.09  | 4:21.39  | 400/500 Freestyle     | 4:02.79  | 4:28.29  |
| 9:56.79  | 8:58.69  | 800/1000 Freestyle    | 8:23.09  | 9:13.19  |
| 16:32.59 | 17:11.29 | 1650/1500 Freestyle   | 16:05.09 | 15:34.19 |
| 54.49    | 1:04.39  | 100 Backstroke        | 58.79    | 49.69    |
| 1:57.69  | 2:18.29  | 200 Backstroke        | 2:06.99  | 1:47.99  |
| 1:02.89  | 1:13.29  | 100 Breaststroke      | 1:06.09  | 55.79    |
| 2:15.49  | 2:38.29  | 200 Breaststroke      | 2:23.29  | 2:01.19  |
| 53.99    | 1:02.39  | 100 Butterfly         | 56.49    | 48.99    |
| 1:59.39  | 2:16.99  | 200 Butterfly         | 2:05.09  | 1:47.89  |
| 2:00.59  | 2:20.99  | 200 Individual Medley | 2:08.29  | 1:48.89  |
| 4:15.19  | 4:57.29  | 400 Individual Medley | 4:33.09  | 3:52.69  |
| x        | 3:56.49  | 4x100 Free Relay      | 3:34.89  | x        |
| x        | 8:29.99  | 4x200 Free Relay      | 7:47.69  | x        |
| x        | 4:22.69  | 4x100 Medley Relay    | 3:56.99  | x        |

**Girls**

**Bonus**

**Boys**

| SCY      | LCM      |                       | LCM      | SCY      |
|----------|----------|-----------------------|----------|----------|
| 23.49    | 26.99    | 50 Freestyle          | 24.39    | 20.99    |
| 50.99    | 58.39    | 100 Freestyle         | 52.89    | 45.79    |
| 1:49.79  | 2:05.39  | 200 Freestyle         | 1:56.29  | 1:40.29  |
| 4:52.09  | 4:23.79  | 400/500 Freestyle     | 4:06.29  | 4:32.69  |
| 10:03.59 | 9:03.49  | 800/1000 Freestyle    | 8:33.79  | 9:25.49  |
| 16:46.19 | 17:20.49 | 1650/1500 Freestyle   | 16:14.99 | 15:46.99 |
| 56.59    | 1:05.59  | 100 Backstroke        | 59.69    | 50.99    |
| 2:01.29  | 2:20.69  | 200 Backstroke        | 2:09.59  | 1:50.69  |
| 1:04.29  | 1:14.29  | 100 Breaststroke      | 1:07.59  | 57.69    |
| 2:19.79  | 2:40.09  | 200 Breaststroke      | 2:27.19  | 2:05.89  |
| 55.99    | 1:03.39  | 100 Butterfly         | 57.39    | 50.09    |
| 2:03.29  | 2:19.59  | 200 Butterfly         | 2:08.19  | 1:51.59  |
| 2:03.79  | 2:22.49  | 200 Individual Medley | 2:10.49  | 1:52.49  |
| 4:23.69  | 5:01.89  | 400 Individual Medley | 4:38.39  | 4:00.19  |

Qualification Period 6/1/2018 through Entry Deadline