

# WELCOME TO WLOO SWIMMING TEAM

Welcome to WLOO! We are glad to have you as part of our team. We believe we have created something special for our swimmers - a place where attendance plus effort equals success. For us to provide a positive experience for all our customers, it is important that swimmers and parents follow the rules and guidelines for our programs. This also helps to create the family atmosphere we desire.

If you have any questions, please let us know!

-Coach Mike and Gwyn Varozza

## USA SWIMMING & TEAM UNIFY REGISTRATION

Whether your child is new to USA Swimming or is transferring to us from another team, there is paperwork that must be completed. Please stop by the front desk to get copies of all necessary forms.

- ALL SWIMMERS on the Waterloo Team must be registered with USA Swimming
- NEW SWIMMERS to USAS must provide a copy of the swimmer's birth certificate or passport.
- TRANSFERRING SWIMMERS from another USAS team must complete a transfer form.

**Team Unify** is the website you will use to register your swimmer(s) for swim meets. Please see us at the front desk for assistance.

## TEAM EQUIPMENT—PLEASE LABEL ALL GEAR!

For **Bronze 1**, your swimmer will need the following equipment besides goggles: equipment bag, swimming snorkel, kickboard and fins



For **Bronze 2** the swimmers will need the above equipment as well as a pull buoy and hand paddles:



**All other Team Groups:** Swim Bag, Kickboard, Goggles, Fins, Snorkel, Pull Buoy, Swim Paddles and dryland equipment (tennis shoes, workout attire, yoga mat or towel)

We sell these items at Waterloo, but you are not required to purchase them through us. *No other competitive team gear is allowed except summer league swim caps.*



## WATERLOO CULTURE

We encourage good sportsmanship, perseverance, fun and respect at Waterloo. We want our swimmers to be proud of their team as well as their personal efforts.

## TEAM PRACTICES

Your swimmer may only attend the practices (days of the week and/or times) for which you are enrolled. There is no exception to this to maintain safe coach / swimmer lane ratios.

Please try to be on time and use the restroom before practice.

We understand traffic and obligations may make you late on occasion. Just get here when you can and join us for the remainder of practice.

## SWIM MEET SCHEDULE

Meets will vary based upon your child's practice group. Team Unify or the Waterloo Calendar will have the most up to date information

## PARKING LOT!!!

We have lots of young children at our facility. **PLEASE DRIVE SLOWLY!!!**

If you are dropping off your swimmer for practice please only **drop them off on the right side of the building** so the parking lot does not get backed up.

Please pull all the way into your parking space, to the bumper to maintain safe space through the driveway.

## TEAM POLICIES & CODE OF CONDUCT

Team policies must be strictly enforced to meet our commitment of providing timely, quality service to all our customers. Please take the time to review these. <https://waterlooswimming.com/competitive-swimming/swim-team-policies/>

It is also vital that our swimmers and their families abide by our Swimmer & Parent Code of Conduct: <https://waterlooswimming.com/competitive-swimming/parent-code-conduct/>

## SWIM MEET INFORMATION & MEET FEES

Swim meets are what make being on the team so much fun! We expect that our swimmers will participate in meets as often as they are able.

You are responsible for all fees once declaring that your swimmers will swim, even if they do not. Please contact the coach if your child is entered into relays but is unable to swim. We expect all swimmers who have qualified for finals to swim in finals...and to stay and cheer for Waterloo relays!

Swimmer Meet Fees (Local Meets) = \$2 x # Events + \$10

Swimmer Feet Fees (Out of Town) = \$2 x # Events + \$20

## PARENT VOLUNTEERING

As part of our culture, we expect all families to volunteer to help as needed during swim meets and other activities related to swim team. This may include helping with parking at home swim meets, timing, concessions, or other tasks.

## CONSIDER BECOMING A USA SWIMMING OFFICIAL!!!

For Waterloo to host swim meets, we need to be able to provide certified officials for the meets. Right now, we have a few parents who are USAS Officials, but we need more. By having our own officiating resources, we can host our own swim meets. This can be especially important as we near championship season and want to provide "last chance" meets for swimmers who are just short of making their time cuts. Please email Coach Mike if you are interested!

## LOST & FOUND

Too many items disappear because kids unknowingly pick up another's gear or because the kids leave things behind. **LABEL ALL GEAR!** We have Sharpies at the front desk in case something needs relabeling.

Waterloo trusts that their customers would never knowingly take things that don't belong to them. That being said, items do get misplaced and unfortunately taken. Waterloo is not responsible for lost or stolen items. Due to COVID, we do not offer a lost and found right now.

## WATERLOO COACHES

Please utilize email to communicate with your swimmers' coaches. We are rarely able to answer phone calls during the day, but are quick to reply to email. For general inquiries, please contact us at [info@waterlooswimming.com](mailto:info@waterlooswimming.com).

Coaches will do their best to reply within 24 hours.

Coach (Bronze 1)

[brooke@waterlooswimming.com](mailto:brooke@waterlooswimming.com)

Coach Daniel Parks (JV)

[dparks@waterlooswimming.com](mailto:dparks@waterlooswimming.com)

Coach Anna (Bronze 2)

[annawatterson@waterlooswimming.com](mailto:annawatterson@waterlooswimming.com)

Coach Daniel Potts (Silver 1)

[danielpotts@waterlooswimming.com](mailto:danielpotts@waterlooswimming.com)

Coach Michaela (Varsity)

[michaela@waterlooswimming.com](mailto:michaela@waterlooswimming.com)

Coach Brooke (Silver 2)

[brooke@waterlooswimming.com](mailto:brooke@waterlooswimming.com)

Coach Will (Gold)

[willtrusler@waterlooswimming.com](mailto:willtrusler@waterlooswimming.com)

Coach Marley (Senior-interim)

[marley@waterlooswimming.com](mailto:marley@waterlooswimming.com)

Coach Jason (Elite)

[jason@waterlooswimming.com](mailto:jason@waterlooswimming.com)

Coach Mike (Head Coach)

[mike@waterlooswimming.com](mailto:mike@waterlooswimming.com)



**Attendance + Effort = Success**